# Home Visiting Programs in Alpena County, MI

Healthy Families America:
Day One: Child and Family Services
of Northeast Michigan, Inc.
\*Only FFPSA funded site in Alpena\*

phone: 989-356-4567 fax: 989-354-6100

https://www.cfsnemi.org

HFA believes early, nurturing relationships are the foundation for healthy development. Home visitors walk alongside caregivers on their parenting journeys and provide support, encouragement, guidance and education. The enrollment timeframe is pregnancy to 24 months and home visitors can support families for 3 to 5 years. The visit frequency ranges from weekly to monthly depending on family progress.

#### Maternal Infant Health Program: District Health Department #4

phone: 989-356-4507 ext. 7934

fax: 989-358-7997

https://www.dhd4.org/personal-healthservices/maternal-infant-health-

services/maternal-infant-health-

<u>program-mihp</u>

MIHP offers home visits from caring and trustworthy social workers and nurses who work in partnership with families to ensure they feel supported through pregnancy and parenthood. Enrollment: Medicaid-eligible pregnant persons and infants through 12 months of age may enroll. Services continue throughout pregnancy and up to 18 months of age based on the needs of the infant and their caregiver. Visits are offered monthly but may be more frequent.

For More More Information on Evidence-Based Home Visiting in Michigan Visit:

https://www.michigan.gov/homevisiting/

To find Evidence-Based Home Visiting Programs in Your Area Visit:

https://mihomevisiting.com/

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## Family Spirit:

Little Traverse Bay Band of Odawa Indians Health Center

phone: 231-242-1614

fax: Attn Carol 231-242-1717

Family Spirit was developed for and by American Indian communities. Supports health of family and builds strong and healthy parents. Enrollment: pregnancy through 3–5 years of age for families in the respective Tribal Service population. Visit range is weekly to monthly.

### Early Head Start (home-based): Northeast Michigan Community Service Agency

phone: 989-464-0088

email: schaves@nemcsa.org

https://ecs.nemcsa.org

Early Head Start knows parents are their child's first and most important teacher. EHS supports families to be healthy and helps parents understand how their child grows and develops. Enrollment: pregnancy through age 3, has income guidelines. Visits are weekly.

# Infant Mental Health: Northeast Michigan Community Mental Health Authority

phone: 800-968-1964 fax: 989-354-5898

https://www.nemcmh.org

Infant Mental Health Home Visiting works with parents/caregivers that have difficulty forming a positive attachment with their infant, toddler which can affect their social, emotional, behavioral, and cognitive development. Services are provided by Infant Mental Health providers. Enrollment: pregnancy through turning age 3, has income guidelines. Visits are usually weekly or biweekly.